health shield
The best of health

24/7 Counselling Helpline

A lifeline of guidance with qualified counsellors ready to listen and support.



24/7 Counselling Helpline is really useful because it provides support and guidance to employees grappling with personal issues that might negatively influence their work performance, health, and overall wellbeing.

- 24/7 support and guidance by phone, SMS/WhatsApp or video call
- Up to 8 structured solution-focused counselling sessions
- Personalised and confidential support to meet individual needs
- Assists in a range of topics including familial issues, stress, financial concerns, and more
- Immediate family members covered at no additional charge

Facing life's challenges: Personalised support whenever it's needed
The 24/7 Counselling Helpline addresses the problem of employees facing personal challenges that could adversely affect their work and general wellness by providing access to counselling and support services..

Here for our members anytime with around-the-clock counselling
Flexible in providing tailored support to meet individual needs. Members can communicate with a counsellor by phone or video call*. The service operates 24/7 and offers confidential assistance on a diverse range of topics.

Help for people whenever life gets hard
The 24/7 Counselling Helpline offers support for employees and their immediate family members who might be dealing with personal challenges. The EAP aims to deliver support and guidance to help individuals overcome these issues and improve their overall life quality.

Wellbeing Service

A simple, straightforward way to provide confidential care and support
The 24/7 Counselling Helpline offers confidential and reliable assistance to employees. By providing a safe environment for individuals to discuss personal issues and receive guidance from trained counsellors, the 24/7 Counselling Helpline shows a commitment to supporting their overall health and happiness.

Employee Assistance Program service is provided on behalf of Health Shield by Health Assured.

Discover more at **healthshield.co.uk**